

### Home Life Committee VIA Library Display

The Home Life Committee of the VIA will have a display, *10 Tips for Choosing Protein*, at the Rehoboth Beach Library during the month of February. In addition to featuring the varied sources of protein, the display will feature recipes by Chef Phil Lambert, Executive Chef at Kings Creek Country Club utilizing foods commonly found on the shelves of the Cape Henlopen Food Basket. The committee will be collecting non-perishable food items for the Cape Henlopen Food Basket during the month.

The display is part of GFWC DSFWC President Carolyn Forbes' Special Project *Hands Against Hunger*.